



• I HEART YOGA •

Teen and Kids Yoga at Fox River Grove Middle School

Thursdays 245-330 pm (5th-8th grade)

330-415 pm (K-8th grade)

October 24th-December 5th

**(excluding Halloween & Thanksgiving
week)**

\$60 per kid/teen

20% of the proceeds will be donated to the PTO

***Payment is due by October 19th**

Checks can be mailed to I Heart Yoga

105 West Main St

Cary, IL 60013

To pay by credit card or for any questions, please email

angieberthelsen@gmail.com